

In a world in a world where you can be anything

**BOUNCE
THEATRE**

BE KIND

Becoming a collage artist



Collagism

"In a world where you can be anything, be kind."

Hello!

Welcome to our **BE KIND** project. We are making a physically-distant but socially-friendly art exhibition for Christmas 2020.

Hanging art in home windows, shop windows and donated windows, we are marking the end of the year with an exhibition of 12 art pieces celebrating kindness.

Why kindness? 2020 has shown us the value of kindness in so many ways. It can make you feel hopeful, happier, reduce anxiety, and feel better about the world around you.

As the nights draw in, let's light up the dark a little, get creative, and join in.

Collagism and Bounce Theatre

MEET COLLAGISM

Collagism (aka Holly-Anne Buck) aka "The Queen of Collage", is on a quest to collage the universe!

Collagism – is a term she coined to describe her work – it may take form as visual art, musical composition, video art, wearable art, performance or any medium where multiple forms are sampled.

Her work has evolved over a twenty-year practice through the media of 2D collage, video, musical composition, live performance, and site-specific interventions. She focuses on portraiture (they are usually self-portraits) in which she attempts to describe complex emotions using a few abstracted elements.

Collagism believes in rethinking what the world has to offer. Reuse, recycle, remake, remix, rearrange, refix, refashion, regenerate. Share.

The sharing of knowledge and ideas is beneficial to all. Collage anything and everything.

Collagism takes the art from her collaged portraits and spills over onto the walls as large scale street art, prints, wearable art and lifestyle objects. In the spirit of over-decoration and adornment she creates a dazzlingly beautiful world entirely of collage. The best thing about street art is can be quick, easy, and fun. She scans her collages into her computer and enlarges them. She then gets them printed and uses wallpaper glue to stick them up. It's best to find a spot in an area devoted to street art such as the Leake Street tunnel in Waterloo or Brick Lane in London's East End – most cities around the world have areas which are dedicated to street art, just ask Google! Get permission before you do it - ask your local council if there's a spot in your area where you can put your art up on a wall. As always, have FUN!

WHAT IS COLLAGE ART?

Collage comes from the French term *papiers collés* (or *découpage*). Collage is used to describe both the technique and the work of art. It is a style of art where pieces of paper, photographs, fabric and other materials are arranged and stuck down onto different surfaces.

Collage can also include other media such as painting and drawing, and contain three-dimensional elements.

What do you need to start a collage?

Books, magazines, junk mail, catalogues, packaging, fabric, anything you can cut out and stick
Glue stick

Scissors

Paper or card to stick your collage onto

Imagination

Sense of humour (preferable)

TIPS FOR ASPIRING COLLAGE ARTISTS

There are no rules in art – whatever you do is valid and right.

Collect as many materials as you can – the bigger your library of materials, the more options you have.

Look for images that will be eye catching in your collage.

Think about your composition – use colour to lead your eye around the image.

Invest in good scissors and preferably have a couple of different pairs with different sized blades.

Use a glue stick for 2D collages – liquid glues will cause bubbling and warping of the paper...unless that's the look you want! ;-)

On a blank piece of paper or card, lay out your collage, keep re-arranging it until you are happy then stick it down with the glue stick.

Make collages as often as you can.

Start an Instagram account and post your collages – tag them with #cutandpaste #collageart #papercut #collage

Have fun!

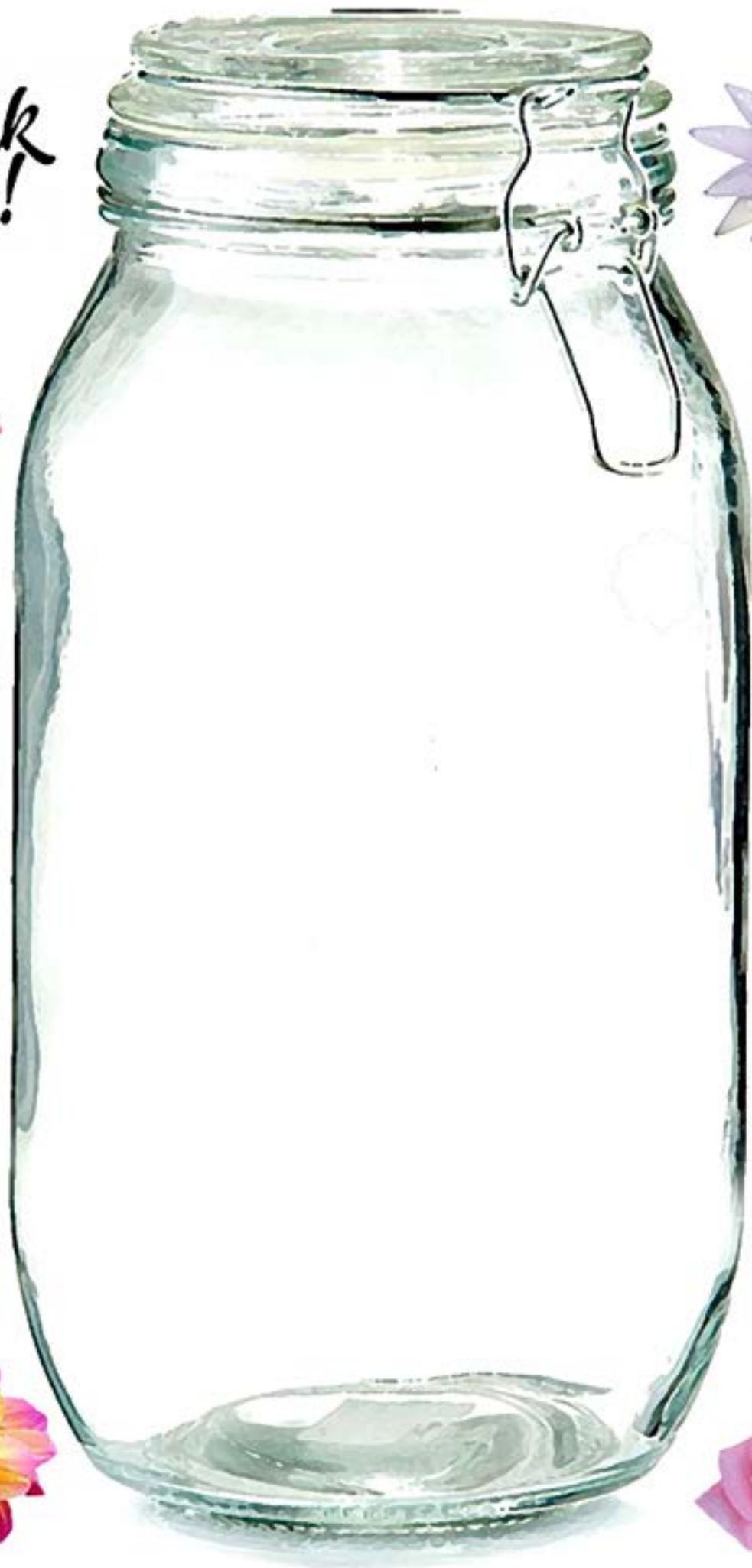
MAKE A GRATITUDE COLLAGE

Let's begin by thinking about being kind to yourself and make a gratitude jar. You can use the jar on the other page as a template. Or draw your own.

Over the next week, make it a habit to add one word or image of something that happened in your day that you were grateful for. At the end of the week reflect on your artwork and how it makes you feel.



*Thank
you!*



COLLAGE YOUR IDEAS



Q: What do we always need more of in the world?

A: Kindness... (and love and hugs)

Take a pen and fill out ALL ABOUT ME – your answers will inspire some ideas for your kindness collage.

ALL ABOUT ME

Name:

Age: Year:

Favourite colour:

Favourite food:

Favourite book:

Favourite animal:

Favourite hobby:

Favourite friends:

My hero / someone who inspires you:

Favourite thing about myself:

Favourite thing to do on a weekend:

Favourite thing to do at home:

Name three things that make you happy:

Something you are thankful for:

How does the thing you are thankful for make you feel?

Best thing about today:

The best thing that ever happened to you:

What excites you:

Someone who makes you feel loved and why:

Best things about your family:

Name someone who makes you smile:

Something that makes you laugh:

Someone who helped you today:

Best things about your neighbourhood:

Name a random act of kindness:

Describe something kind someone did for you:

Who is someone who needs a random act of kindness right now?

What could you do for them?

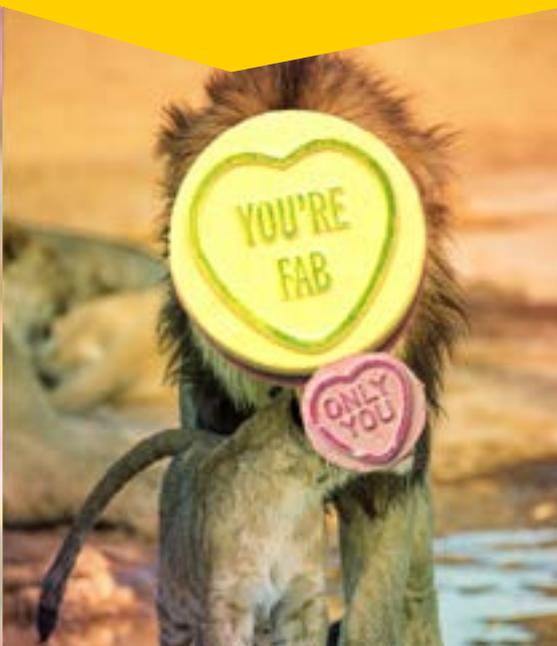
If you could have any wish, what would it be?

Something I want to invent to make life better:



Here's a piece from Collagism. What do you think she is expressing about kindness and gratitude? Time to make yours!

Take a look at your answers and collect materials from around your house to make a collage that represents your ideas. You could think about collaging an object and creating a sculpture piece.



COLLAGE YOUR CREATIVE WRITING

World Kindness Day is a global day that promotes the importance of being kind to each other, to yourself, and to the world. This day, celebrated annually on 13th November, has the purpose of helping everyone understand that compassion for others is what binds us all together.

Check out our kindness collage. You could start by making your own using the cut-outs provided on the last page of our zine.



WHAT DO TO WITH YOUR COLLAGE?

- Using the cut-outs we've provided, make a collage and add it to a card to give to someone who could do with cheering up.
- Put it up in your window.
- Use it as a gift tag for Christmas.
- Make it into a bookmark.

COLLAGING YOUR THOUGHTS

Write a list:

- The kindest things you've ever done.
- The kindest things you've seen done.
- The kindest things you'd like to do.
- The kindest thing we can do for the world.
- The kindest thing someone could do for you.

Tell a 10-word story about kindness using your list.

Here's an example -

- The kindest thing someone could do for me:
- Let me sleep for a long time in the morning
- Smile
- Say hello
- Tidy my garden
- Make me a coffee

My 10-word story might be:

Sunday, a tired mother was given a long lie in.



A kindness poem in 10 minutes

Now, write about kindness for 10 minutes. Don't worry about spelling, rhyme, or punctuation. Just write down your thoughts. This is your kindness poem.

Kindness kind, be kind,
in a world where you can be anything be kind.
Overused but underused
Precious
Hope
Future
Invisible hand weaving through the world,
trying to lighten the load, bring a smile, make
you feel less lonely.
Together, community, people, stronger

Take a look at your words – now think about how you might bring them into a collage.



COLLAGE FOR WORLD KINDNESS DAY

Be Kind will be a physically distant but socially friendly art exhibition launching on World Kindness Day. Work will be hung up around Earlsfield and online digitally. We want to celebrate the kindnesses that carried us through 2020.

Get involved!

Make a collage, take a picture and send it back to us

Send us a poem or story to be collaged into the work.

Send us a photo of someone or something that represents kindness to include.

Nominate a person who is kind to be featured in the work.



SHARE YOUR IDEAS

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HEART.

YOU



